

Kids Power!

Is an 8-week educational series for children ages 7-11 who are affected by a loved one's addiction and is offered free. This program is designed to help children



- Understand that they are not alone
- Learn about addiction in an age-appropriate way
- Explore and express feelings in a safe and supportive environment
- Learn a variety of problem-solving, coping, and self-care strategies
- Build self-esteem, self-worth, and positive feelings about themselves
- Simply be kids by learning to have fun in safe and healthy ways

A new series will begin Tuesday, December 1, 2020 and meet in-person on Tuesday evenings from 5:30 to 7:30pm (through January 19th). A light dinner will be provided for the youth at each session and will be held at the Council offices at 219 West 2nd Street, Grand Island (downtown). The series will end with a Family Celebration on Friday, January 22, 2021 from 5:30 – 7:30p.m.

Sign Up Early!!! Pre-registration is required; Registration form attached.

Kids Power! is evidence-based using materials developed and used by Jerry Moe, Director of Children's Programs at the Betty Ford Centers. For more information, or to register, please call the Council at 308-385-5520 or visit our website at www.cncaa.net.

The Central Nebraska Council on Alcoholism and Addictions, Inc. is a non-profit corporation supported in whole, or in part by Grant # 93.959 under the Substance Abuse Prevention and Treatment Block Grant the State of Nebraska Department of Health and Human Services Tobacco Free Nebraska Program, Hall County Community Collaborative, and the Nebraska Department of Health and Human Services Community Cares Stabilization Grant. Additional financial support is provided by Hall County, Heartland United Way, and tax-deductible donations. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Kids Power!



Es una serie educativa de ocho semanas GRATIS para los niños de 7 - 11 años que se ven afectados por la adicción un ser querido. Este programa está diseñado para ayudar a los niños a

- Comprender que ellos no están solos
- Aprender sobre adicción de una manera apropiada a su edad
- Explorar y expresar sus sentimientos en un ambiente seguro y de apoyo
- Aprender una variedad de resolución de problemas, afrontamiento y estrategias de autocuidado
- Construir autoestima, valor propio y sentimientos positivos sobre sí mismos
- Simplemente ser niños aprendiendo a divertirse en formas seguras y saludables

Las nuevas series empezaran Martes, Diciembre 1, 2020 y se reunirán cada Martes hasta Enero 19, 2021 a las 5:30 – 7:30p.m. Una cena ligera será provista para los niños en cada sesión. Cada sesión se llevara a cabo en las oficinas del Consejo, 219 West 2nd Street, Grand Island (centro). Las series finalizaran con una Celebración Familiar las 5:30 – 7:30p.m. Enero 22, 2021.

iiiRegístrese Ahora!!! Pre-registración es requerida; Formulario de inscripción adjunta.

Kid's Power es una programa basado en evidencia con el uso de materiales desarrollados y utilizados por Jerry Moe, Director de Programas para Niños en los Centros de Betty Ford. Para obtener más información, o para inscribirse, por favor llame al Consejo en Cristina 308-385-5520 o visite nuestro sitio web en www.cncaa.net.

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