

# Anti-Racism 3-Part Series

Facilitated by Katherine MacHolmes & Rachel Grossman

Rachel Grossman (she,her) is a theatre artist, engagement strategist, and white antiracist activist working in the U.S. theatre for two decades. For the last five years, she's consulted arts and culture organizations in change management, from a diversity lens, and organized and facilitated antiracism\anti-oppression learning spaces for arts organizations, theatre artists, and a yoga studio.



Katherine MacHolmes (she,her) is a native Omahan, community activist, and artist. She has been involved in advocacy and movement building for 15+ years and loves training and collective education around social justice. Katherine and Rachel enjoy the opportunity to collectively engage with participants using a social justice approach rooted in equity, emergent strategy and theatre.

## Part #1 July 21, 2020 (3pm – 5pm) – Establishing Foundations of Anti-racism

- This workshop will root participants in foundational definitions of common equity and inclusion language. Participants will begin examining how racism is expressed at the individual level. We will collectively unpack concepts of social identity, oppression and privilege, race, racism, white fragility, and intersectionality. Participants will examine how fragility shows up in themselves and will learn strategies for recognizing fragility and diffusing it in the moment.
- Register at: <https://www.projecteverlast.org/events.html/event/2020/07/21/establishing-foundations-of-antiracism/298130>

## Part #2 July 28, 2020 (3pm – 5pm) – Anti-Racism inside Systems

- Building on workshop one, participants will widen their focus on internal and interpersonal racism to include systems-level expressions. How do models of oppression replicate in our family, work, social, and civic communities? What is the relationship of internal and interpersonal to institutional and structural? How does media consumption impact this? We will begin to introduce concepts of accountability and allyship.
- Register at: <https://www.projecteverlast.org/events.html/event/2020/07/28/anti-racism-inside-systems/298446>

## Part #3 August 4, 2020 (3pm – 5pm) –Anti-racist Allyship

- In the final workshop, participants will be invited to strategize how to continue their journey of shifting consciousness to anti-racism by turning knowledge into plans of action and holding themselves accountable. What does it mean to identify as a “anti-racist”? How do you show up? How do you keep showing up? How do you start moving toward building an equitable future for everyone?
- Register at: <https://www.projecteverlast.org/events.html/event/2020/08/04/antiracist-allyship/298447>

The Zoom link will be sent out the day before the event. You must register for each session you would like to attend. There is limited spots available register today! Questions? Contact Brittney Livingston at [blivingston@nebraskachildren.org](mailto:blivingston@nebraskachildren.org)